

# Fitness & Wellness

IGNITE fitness & wellness has been created as a way of life, not purely a fitness course. We believe that a healthy body and mind is the first step to personal fulfillment and is committed to supporting the long-term personal growth and development of clients through achieving results and setting new limits. No other company in Dubai offers this level of service and range of solutions.

## LATEST NEWS & OFFERS

IGNITE CEO launches the Dubai Fitness Challenge for the second year running. 2018 already proves to be bigger and better. We're in, are you?



### **IGNITE PINK IS PUNK 2019**

IGNITE PINK IS PUNK 2019 will be held on Friday 4th October at Anantara The Palm Dubai Resort. Registrations are not yet open but please keep an eye on our events page for further details. What is PINK IS PUNK? A fun charity event all in the name of Breast Cancer Awareness.



### **ABOUT IGNITE Fitness & Wellness**

IGNITE fitness & wellness was the start of the IGNITE brand back in 2010. CEO, Guillaume Mariole, formerly known for launching the Boot Camp style of training and the first corporate wellness program in the region, launched IGNITE with a focus on getting people moving and

educating the community on healthy lifestyle habits and personal fulfillment, not purely fitness.

Eight years later and IGNITE fitness & wellness is now part of a bigger group of companies all with the same objective of empowering individuals to be the best version of themselves and creating opportunities to move.



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and mind is the first step to personal fulfillment and we're committed to supporting the longterm personal growth and development of our clients through achieving results and setting new limits.

#### **FACILITIES INCLUDES:**

Unlimited access to the beach and pool during open hours Full use of the gym facilities during open hours Towel service and showers 10% Discount on all food and beverage purchases at RIVA Family membership includes 2 adults and 2 kids under 18 years old \*All prices exclude 5% VAT

> IGNITE Sport Services | Office 114 Building 4 | Gold Diamond Park | PO Box 454844 | Dubai | United Arab Emirates

> > Toll Free: 800 IGNITE (446483)
> > Tel: +971 (0)4 456 2482
> > Fax: +971 (0)4 452 2555
> > Email: info@ignite-wellness.com

https://ignite-wellness.com